The 6th ASIA Congress

Programme

Date: 17-18 March 2023 (Fri - Sat)

Venue: Hong Kong Sports Institute, 25 Yuen Wo Road, Sha Tin, N.T., Hong Kong

Time Zone: GMT +8

Day 2: Saturday, 18 March 2023



Last updated: 10 March 2023 (Fri)

| FROM | TO | MINS | PROGRAMME | SPEAKER | ORGANISATION | VENUE |
|-----------|---------------|--------------|--|--|--|--|
| 8:30 | 9:00 | 30 | Registration | • | • | Foyer, Level 1, |
| | | | | | | HKSI Main Building |
| Keynote I | Presentations | - Part II | | NATE OF CRANAERI | T | I |
| 9:00 | 9:30 | | Delivering Key Insights to Coaches: a Sustainable, National Approach to | Mr Tom CRAMERI AMS Manager, | Australian Sports Commission | |
| | | 30 | | Sports Intelligence & | (Australia) | |
| | | | Data Analysis | Analytics | | |
| 9:30 | 10:00 | | The Latest Altitude/Hypoxic Training | Professor Grégoire MILLET | Institute of Sport Sciences of | Lecture Theatre, Level 1 HKSI Main Building |
| | | 30 | Strategies for Peak Performance in | | the University of Lausanne | |
| | | | Sports – the Swiss Inputs | | (ISSUL) (Switzerland) | |
| 10:00 | 10:15 | | Q&A | | | |
| | | 15 | Moderator: Dr Daniel LEE, Associate Director, Elite Training Science & Technology, Hong Kong Sports Institute (Hong Kong, China) | | | 5 |
| | | | | | | |
| 10:15 | 10:30 | 15 | BREAK | | | Function Room, Level 1, |
| | | | | | | HKSI Main Building |
| Recent De | evelopments | in Asia - Pa | | I | | I |
| 10:30 | 10:50 | | Building of Integrated Traditional | | | - |
| | | 20 | Chinese and Western Medical Care | Professor Yuanpeng LIAO | Chengdu Sport University (China) | |
| | | | Model for High-level Athletes in China and Its Application | | | |
| | | | China and its Application | | | |
| 10:50 | 11:10 | | Exercise-based Injury Prevention | Dr Philip GRAHAM-SMITH, | | |
| | | 20 | | Head of Biomechanics & Aspire Academy (Qatar) Innovation | | |
| | | | | | | _ |
| 11:10 | 11:30 | | Machine Learning Revolutionizes | Mr Gihan KURUPPU, Member | National Olympic Committee of Sri Lanka (Sri Lanka) | |
| | | 20 | Athletic Injury Detection with | | | |
| | | | Thermal Imaging | | | |
| 11:30 | 11:50 | | How Has COVID-19 Pandemic Modified Training Practices of Athletes Around the World? | | National Sports Institute of | |
| | | 20 | | | | HKSI Main Building |
| | | | | | Malaysia (Malaysia) | |
| | | | | | | |
| 11:50 | 12:10 | | Recommendations for Sleep and | Dr Samuel PULLINGER, Head | Inspire Institute of Sport (India) | |
| | | 20 | Athlete Performance for Major | of Sport Science | | |
| | | | Competitions | от орог с останос | | |
| 12:10 | 12:30 | | How SAT Sports Science Center | Dr Chedsada | Sports Authority of Thailand (Thailand) | |
| | | 20 | Support Thai Athletes to Hangzhou | CHARUPHONGA, Sports | | |
| | | | 2023 and Paris 2024 | Medicine Physician, Sports Science Center (Thailand | | |
| | | | Panel Discussion | | | 1 |
| 12:30 | 12:50 | 20 | - Panellists : Speakers of 10:30 - 12:30 session | | | |
| | | 20 | - Moderator : Dr Philip GRAHAM-SMITH, Head of Biomechanics & Innovation, Aspire Academy | | | |
| | 10.77 | (Qatar) | | | | |
| 12:50 | 13:00 | 10 | Closing Remarks | | | |